"I enjoy working and find happiness and satisfaction in my job."

Mr Mohamed Rojis Kaswan, 65
Kidney patient at Ang Mo Kio 3 Dialysis Centre
RECOGNISING WORKING PATIENTS and THEIR INCLUSIVE EMPLOYERS

Held on 30 November 2016, the Patients' Employers Appreciation Ceremony celebrated the efforts of five inclusive employers and the patients who found gainful employment with them. These employers allow our patients to have flexible work arrangements to accommodate their dialysis schedule and medical appointments. These patients are an inspiration to fellow patients through their resilience and dedication to their work.

OUR NEW PARTNERS

Agape Connecting People Pte Ltd
Aii Singapore
AWWA Ltd
BeoEst Pte Ltd
Faith Music Centre
Movement for the Intellectually Disabled of Singapore
NTUC Health Co-operative Ltd

A BIG “THANK YOU” TO OUR FIVE CARING EMPLOYERS FOR SUPPORTING OUR PATIENTS

ORGANISATION

All Industrial Manufacturing Pte Ltd
KK Women's and Children's Hospital
SMRT Buses Ltd
Tan Tock Seng Hospital
Watsons Singapore

PATIENT

Mr Mohamed Rojai Kaswan
Mr Nur Rauf Mohammed
Mr Lau Keng Cheng
Mdm Nan San San Lwin
Mdm Norshayi Salim

Mr. Too Sei Luck, Minister of State for Manpower and Ms Shirley Wong, Chairperson of NKF’s Patient Advocacy and Volunteer Committee (both centre), with our new partners who will provide our patients employment opportunities.

Mr Shawn Wong, Manager All Industrial Manufacturing

Being Productive and Regaining Self-Worth

Kidney patient Mr Mohamed Rojai Kaswan believes that with a positive attitude and the will to be independent, anyone can find gainful employment.

From the age of 35, Rojai suffered from gout that eventually damaged his kidneys. Shortly after he joined All Industrial Manufacturing Pte Ltd as Logistic Assistant in 2008, his health worsened and he had to undergo dialysis. He tended his resignation but was refused by his boss, who instead offered him more flexible working arrangements around his treatment schedule. He is also grateful to his colleagues who look out for him and make sure that his load is not too heavy.

“The all-round support given to me made me more determined to work for as long as I can and make good use of my time,” said Rojai. “I strive to stay strong and positive by leading an active lifestyle that balances work, spending time with my family and helping out in Malay community work.”

For his resoluteness to keep working, being productive and contributing to society, Rojai received an award during NKF’s Patients’ Employers Appreciation Ceremony recently. NKF continues to help patients find employment through our Patient Employment Rehabilitation Programme so that patients can reintegrate into the workforce and regain their sense of self-worth.

“Mr. Too Sei Luck, Minister of State for Manpower and Ms Shirley Wong, Chairperson of NKF’s patient advocacy and volunteer committee (both centre), with our new partners who will provide our patients employment opportunities.”

Mr Shawn Wong, Manager All Industrial Manufacturing

Bringing Cheer to the Elderly

A group of 19 Patient Advocates brought festive cheer to the 60 residents at Lion’s Home for the Elders (Lishan) on 6 January 2017 where they received gift hampers and mandarin oranges.

Patients Enjoy a Cruise

NKF patients had a good time when they were invited by our generous sponsor SUTL, for a cruise during the “ONEIS Christmas Light Parade” on 26 November 2016.

-TIPS- For Eating Healthy This Festive Season

Use a small plate as you are not encouraged to pile on a bigger quantity of food.

Eat plenty of vegetables which help in digestion.

Eat slowly as it will give the brain time to register that you are full, so you will not overeat.

Avoid snacks and tidbits that are salty.

To know more about our Patient Employment Rehabilitation Programme, call us at 1800-KIDNEYS (5436397)
VOLUNTEERS BRING LOVE, WARMTH AND JOY TO PATIENTS

The recent 2016 year-end celebrations have taken on a whole new spin. Patients and their family members had the opportunity to step out of their dialysis centres (DCs) and bask in the joyous celebrations with friends from other DCs. Christmas celebrations were held for them at Punggol and Whampoa Community Clubs on 4 and 11 December 2016 respectively. The celebrations were made possible with the generosity, support and volunteering efforts of Bedok Methodist Church, Boscombe Life Church, SUTL Corporation and the two community clubs. Our journey with our patients and caring partners continues in 2017 to make lives better!

“This is my first time attending NKF’s year-end celebration. It was extremely fun, particularly the dance we did onstage with our nurses.”
Mdm Norhaine, Patient at Bedok DC

“This is a great opportunity for patients to expand their network and get to know friends from other DCs.”
Mdm Choo Swee Eng, Senior Clinical Nurse Manager

“It’s our privilege to be able to contribute to, and bless NKF and the patients.”
Ms Chan Choo Keng, Boscombe Life Church Community Services

Patients trying to score for their DC via the inter-DC game

Nurses all geared up to put up a performance for their patients at Punggol Community Club

Volunteers from SUTL dishing up sumptuous food for patients