“Being able to work gives us a greater sense of self-worth and fulfilment.”

Mr Mok Kai Suan, 59
NKF Exercise and Occupational Therapy Assistant

Ms Yu Xin Yi, 24
NKF PD Care Assistant

Ms Koh Judy, 42
NKF Administrative Assistant
On 16 June 2016, our new patient employees gathered for a tea session with NKF CEO, Mr Edmund Kwok and fellow colleagues. The session included a sharing by CEO on NKF’s NICER values (Nurturing, Integrity, Compassion, Excellence, Respect) and a Q&A session for patient employees to share their experiences.

**Flexible working hours**

**Skills upgrading courses**

**Being empowered to care for your well-being**

**Learn ways to earn supplementary income**

If you or someone you know wants to join this meaningful programme, please call 9380 4094.

Throughout the month of July, Patient Advocates went to every dialysis centre to celebrate Nurses’ Day. They brought cards and gifts to express their heartfelt appreciation for the nurses’ care, compassion and commitment which they bring day in and day out. Even Singa the Courtesy Lion showed up to bring cheer and highlight the importance of kindness to everyone.

"I was pleasantly surprised by this visit and was glad to receive love, friendship as well as the gifts from Patient Advocates and NKF staff. Their kindness made me feel very happy and appreciated."

Mr Roem
Staff Nurse
Woodlands 1 DC

"My wish for all fellow nurses is to stay happy and healthy so we can care for our patients better. Also, Singa the lion coming to visit really brightened up the day of our patients."

Ms Yang Man
Clinical Nurse Manager
Hougang 2 DC

"I hope all our nurses feel that their work is really appreciated by the patients. My wish is for our nurses to have a very happy working environment."

Mr Kavien Teo
Patient Advocate
Tampines 2 DC

"Thank you nurses for the hard work you put into caring for all the patients."

Mdm Sakyah Sapari
Patient Advocate
Pasir Ris DC

Patients Ms Koh Judy, Mr Mok Kai Suan and Ms Yu Xin Yi are among 54 patients employed under NKF’s Patient Employment Rehabilitation Programme (PERP). Here is what they have to say.

Ms Koh Judy on peritoneal dialysis

"I am grateful for the support from colleagues to teach and guide me, especially as I am hearing and speech impaired. For patients looking for a job, value every opportunity and never give up without trying first."

Mr Mok Kai Suan on haemodialysis

"With the flexible working hours, I can go for dialysis in the evening and continue volunteering as a Patient Advocate. I hope to inspire other patients to adjust their lifestyle, diet and exercise regime and have a more positive outlook in life."

Ms Yu Xin Yi dialysing at the Children’s Kidney Centre

"After facing rejections in my job search, I was relieved to hear about this programme (PERP). Although I feel tired after dialysis, I stay motivated because I feel happy helping others. Even if things seem impossible, just make the best out of it. Keep trying!"

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A group comprising 10 SIA cabin crew members bonded with patients at the SIA-NKF Dialysis Centre at Toa Payoh on 21 June 2016, providing friendship and bringing joy to patients' lives. They were excited to volunteer on that day despite all of them having just returned to Singapore the day before. They brought snacks and gave stress balls to the patients to help them with the blood circulation during their dialysis. They also played Bingo with the patients to help them relax their minds. Each patient was given a supermarket voucher as a small token gift. Indeed, the love and kindness these volunteers showed touched the hearts of our patients.

"We enjoyed ourselves during the activities as much as the patients did. I strongly encourage other corporate groups to come together as well to volunteer for a meaningful cause."

Mr Low Ban Yong, volunteer

Volunteers provide friendship, care and emotional support to patients through various meaningful activities to assist and facilitate patients’ rehabilitation, empowering them to better manage their lives. If your organisation is interested to know more about volunteering at NKF as part of Corporate Social Responsibility, please contact Valerie Tan at 6506 2294.