“I want to give back to society by helping others because NKF has helped me with support from the community.”

Ab Aziz Bin Jawin, 67
Kidney patient at Pasir Ris Dialysis Centre
A total of 700 patients, volunteers and caregivers turned up for our “Wonders of Christmas” and Lunar New Year Celebration events held in December 2013 and January 2014 respectively. Attendees were able to participate in interesting activities such as log-cake decoration contest, calligraphy competition, paper-cutting demonstration and taking memorable photos at the photo booths. These events provided a wonderful opportunity for our patients to come together and share their experiences.

Mr Ab Aziz Bin Jawin was born with Polycystic Kidney Disease. In 1988, his kidneys failed due to infections and he had to undergo dialysis.

At that time, he was working as a harbour pilot. His employer, Port of Singapore Authority, was supportive and understanding of his plight, allowing him to work flexible hours to accommodate his dialysis.

Today, Mr Aziz is retired. With the quality treatment and care provided by NKF, he is able to spend quality time with his wife and three children in his golden years. He looks forward to the joys of having grandchildren.

He is appreciative and grateful to NKF for giving him life and hope. As our NKF advocate, he volunteers on a weekly basis to provide educational tours for school students at NKF’s Kidney Discovery Centre, befriend the elderly in the community through outreach programmes and share his experiences to motivate new patients during monthly patient gatherings.

Says Mr Aziz, “It gives me a sense of fulfilment when I help others and spend my time in a meaningful way.”

Mr Aziz encourages more patients to come forth and join him as an advocate. His positive outlook and resilience indeed epitomise the traits an NKF advocate should possess.
NKF’s Health for Life Day, held on 1 December 2013 at Bedok Reservoir Park, saw about 600 patients and caregivers, as well as staff and volunteers, actively participate in the event.

The event, themed “We Are Superstars”, consisted of exciting activities such as a group singing competition, “guess the song title”, “don’t forget the lyrics” and special performances by nurses and patients.